

# 2021/2022 YOUTH PROGRAM HANDBOOK



## **CITY DANCE CORPS**

950 Dupont Street

Toronto, ON M6H 1Z2

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[YOUTH@CITYDANCECORPS.COM](mailto:YOUTH@CITYDANCECORPS.COM)



## ABOUT OUR PROGRAM

The City Dance Corps Youth Program is a community minded centre for dance innovation. We strive in each and every class to create a healthy environment that encourages the pursuit of excellence.

The structure of this program is designed to enhance your child's dance skills, develop coordination, self-esteem, self-discipline, creativity, and a healthy body and mind. We have professional instructors who are passionate and skilled at developing your child into a confident and mindful dancer.

We offer year-long dance programs in Ballet, Jazz, Contemporary, Hip Hop, Acro and Tap for dancers ages 1 - 17. We offer recreational classes for dancers of all levels, and advanced Level 2 classes for dancers who wish to pursue advanced skills in their dance form. We follow the Royal Academy of Dance Ballet syllabus, and offer exams in Ballet levels. All classes work towards a year-end recital where we celebrate each dancer's journey and accomplishments throughout the year.

Our Youth Performance Company (YPC) offers opportunities for those young dancers (9-16) who want to take their training to the next level. Dancers will have access to more community performances, professional workshops and 1-on-1 mentoring.

## VISION

We believe that young talent flourishes best when nurtured by a sense of accomplishment, confidence, self-esteem, and joy. Our studio provides a home where both the performance-oriented dancer and recreational dancer will feel encouraged to express and deepen their creative and artistic gifts. We aim to teach dance as authentically as possible, transferring knowledge in a safe and age-appropriate way, while encouraging each student to find and celebrate their individual artistry.

We believe that developing strong fundamentals while providing our students with sound technique will promote many years of dance enjoyment while building invaluable life skills that will go beyond the dance studio.

Taking into consideration that we are now operating during a pandemic, we are committed to making our studios clean, safe, and healthy for everyone who walks in our doors.

## A NOTE FROM TINA & MAUDE



### MAUDE FORTIER

*Youth Program Coordinator | [youth@citydancecorps.com](mailto:youth@citydancecorps.com)*

Hello dance families, new and returning!

We are looking forward to a new beginning as we embark on a new dance season. Last season taught us many lessons. From adaptability and resilience, to learning new skills, our dancers blossomed through it all and showed us what true dedication and love for dance looks like. This has given us much hope and joy as we look forward to the next season. We are excited to bring you new and exciting improvements to our program and we can't wait to grace the dance floor with you again!

Here's to a bright new start!



## A DANCE SEASON IN 3 TERMS

- **Fall - Term 1: Sept 13 - Dec 18, 2021**
- **Winter - Term 2: Jan 4 - March 12, 2022**
- **Spring - Term 3 Dates: March 21 - June 11, 2022**

All terms are scheduled to be in-studio. In the event of a government mandated closure due to Covid-19, all classes will resume virtually.

## NEW AGE GROUPS AND LEVELS

We have added more age groups to our program so that we can better accommodate the growth and development of our dancers. These new levels will allow students to progress further with other children in their age group, and allows us to incorporate advanced technique building to each dance class. The new levels and their corresponding age groups are as follows:

### **PARENT & TOT**

**ages 1 - 3**

Lil' Movers Music and  
Movement Class

### **PRE-SCHOOL**

**ages 3 - 5**

Tiny Groovers  
Tiny Twirlers  
Tiny Tappers  
Tiny Stars  
Tiny Tumblers  
Pre Primary RAD Ballet

### **JUNIOR**

**ages 6 - 8**

Hip Hop Mix  
Tap  
Jazz Combo  
Ballet  
RAD Ballet  
Dance Athletics  
Street Dance Styles

### **SENIOR**

**ages 9 - 10**

Hip Hop Mix  
Tap  
Jazz Combo  
Ballet  
RAD Ballet  
Dance Athletics  
Street Dance Styles

### **PRE-TEEN**

**ages 11 - 13**

Hip Hop Mix  
Tap  
Jazz Combo  
Ballet  
RAD Ballet  
Dance Athletics  
Street Dance Styles

### **TEEN**

**ages 14 - 16**

Hip Hop Mix  
Tap  
Jazz Combo  
Ballet  
RAD Ballet  
Pointe  
Dance Athletics  
Street Dance Styles



## A NEW BALLET PROGRAM

We have restructured our Ballet program to align with the RAD (Royal Academy of Dance). Students will be able to progress in Ballet and complete examinations in each grade, starting at age 5 and up. The Ballet Levels are outlined below. The age ranges are to be used as guidelines and skill levels and experience can also be a determining factor when choosing which level is best.

| AGE              | SCHOOL GRADE | RAD BALLET LEVEL        | RECREATION LEVEL                |
|------------------|--------------|-------------------------|---------------------------------|
| 18 mos - 3 years | N/A          | N/A                     | Little Movers Parent & Tot      |
| 3 - 5 years      | Pre-School   | N/A                     | Tiny Twirlers                   |
| 5 - 6 years      | JK/SK        | Pre-Primary Ballet      | Pre-Primary Ballet              |
| 6 - 7 years      | Grade 1      | Primary Ballet          | Junior Ballet                   |
| 7 - 8 years      | Grade 2      | Primary Ballet          | Junior Ballet                   |
| 8 - 9 years      | Grade 3      | Grade 1 Ballet          | Senior Ballet                   |
| 9 - 10 Years     | Grade 4      | Grade 2 Ballet          | Senior Ballet                   |
| 10 - 11 Years    | Grade 5      | Grade 3 Ballet          | Senior Ballet                   |
| 11 - 12 Years    | Grade 6      | Grade 4 Ballet          | Pre-Teen Ballet                 |
| 12 - 13 Years    | Grade 7/8    | Grade 5 Ballet          | Teen Ballet/ Pointe Foundations |
| 13 Years +       | High school  | Intermediate Foundation | Teen Ballet/Pointe Foundations  |
|                  |              | Intermediate and up     |                                 |

## DANCE ACHIEVEMENT CHARTS

To help our dancers achieve measurable and attainable goals, and to feel a sense of accomplishment as they progress in their classes, we have introduced Dance Achievement Charts. These posters will be given to each student upon registration and they will be able to check off each goal as they accomplish it.

## ASSISTANT TEACHER TRAINING PROGRAM

Students currently enrolled in CDC's Dance program and are 12 years and older can apply for the Assistant Teacher Training Program. This opportunity offers valuable experience for those students who may be interested in pursuing a career in teaching and/or wishing to expand their own dance education.

## MONTHLY AWARDS

Great attitude? Always on time? Kind and helpful? These are just some of the awards we will be giving out each month to help inspire and celebrate our dancers.



## **ANNUAL DANCE PROGRAM**

Our 36-week program runs from September to June and is open to all dancers from ages 1 - 16. In addition to learning strong technique and skills, our talented staff aims to nurture young dancers in a creative and non judgemental environment. Classes are offered in all styles of dance. "Level 1" classes are open to dancers with little or no experience in the dance form. "Level 2" classes are offered for dancers who have advanced experience in the dance form and are looking to challenge their technique. Our annual program ends with a performance for all family and friends to enjoy.

## **PARENT & TOT DANCE CLASS**

This course is designed for tiny dancers that are currently 1 – 3 years old. This class gives children the opportunity to interact with other dancers their age, and begin to take direction from a teacher. Dance and movement is taught through creative play, and songs. Parents participate in these classes with their little movers!

## **PRE-SCHOOL PROGRAM**

Preschool dance at City Dance Corps is your first step into the world of dance. The educational, physical and social aspects of these classes make them the perfect preschool activity of choice to help further your young dancer's development. All classes are taught in a fun, caring and supportive environment. Watch your little one gain confidence and learn new skills.

## **RAD BALLET**

The Royal Academy of Dance (RAD) is an international leading syllabus of classical Ballet. Students work on ballet terminology, history and movement. Classes start at age 5 and dancers have the opportunity to move through graded levels. Examinations will be offered to students who wish to progress through the RAD syllabus. Visit [www.radcanada.org](http://www.radcanada.org) for more information.

## **YOUTH PERFORMANCE COMPANY**

Since 2010, City Dance Corps has been offering a Pre-Professional Training Program in form of a performance company called The Youth Performance Company. The dance company is for dancers ages 9 - 16 expressing an interest in a career in dance and a passion for performance. Many of the dancers who have trained with our program have moved on to performing professionally and even teaching on our staff!

## **VIRTUAL WORKSHOPS**

Virtual workshops at dance classes that youth students can participate in from home. They run in 3 terms throughout the year and are great for families who prefer remote learning over in-studio classes.



## ANNUAL DANCE PROGRAM

### TAP

#### Ages 6 - 16

Tap dance is a rhythmic style of dance combined with Jazz technique. The tap shoes are used as percussive instruments to create sounds while hitting the floor. The class emphasis is on musicality, rhythm, coordination, style and technique.

### HIP HOP

#### Ages 6 - 16

Hip Hop is a street dance that has evolved along with Hip Hop culture. Choreography is fun, lively and challenging. Hip Hop music is set to a strong, urban beat. This style builds stamina, with an emphasis on body isolations, co-ordination, freestyle movement, rhythm, and confidence.

### JAZZ COMBO

#### Ages 6 - 16

This is a new class in our dance program. Jazz Combo combines all Jazz, Modern, Contemporary and Acro dance forms into one dance class. From leaps and spins, to lyrical movements, to improv, to tricks, this class has it all. All these techniques together help build a versatile dancer.

### BALLET & POINTE

#### Ages 6 - 16

A traditional classical ballet class with a focus on proper technique. This full repertoire class starts with traditional barre exercises then center work for adagio, pirouettes, petit allégo and grand allégo. Musicality is emphasized. Pointe Fundamentals is a class is to prepare students to dance on Pointe. Correct Pointe shoe fitting will be taught in advance of purchasing Pointe shoes.

### STREET DANCE STYLES

#### Ages 9 - 16

There's a wide range of "street dance" styles that are associated with the Hip Hop culture born in New York City in the mid-'70s. The original style of Hip Hop was Breakdancing and was predominant in the 1970s. This class will incorporate other styles of dance from including Popping, Locking, Krump, Waacking, Dancehall, Afrobeats and House to name a few.

### DANCE ATHLETICS

#### Ages 6 - 16

Dance Athletics is the ultimate dance conditioning class. The focus of this class is to improve flexibility, build strength, coordination and overall dance technique. No matter what your favourite dance style is, all dancers can benefit from this class. Making weekly conditioning is a must if your dancer is interested in taking dance to a higher level.



## PRE-SCHOOL DANCE PROGRAMS



### Ages 3 - 5

Your dance journey starts here! Our pre-school dance program is the perfect activity for young dancers (boys and girls) to foster their love for dance and nurture their creativity. Tiny Groovers is a blend of Hip Hop, Breakin, Afrobeats and other street dance styles. The syllabus utilizes age appropriate movements to build confidence, improve coordination and develop key life skills in a healthy, sociable, caring and safe environment.



### Ages 3 - 5

Your journey into Tap dance starts here! Tiny Tappers class focuses on improving coordination, timing, rhythm and social skills, all while dancing in Tap shoes. The syllabus is designed to foster your child's love for Tap dance as well as all forms of music, from pop to jazz.



### Ages 3 - 5

Your journey to the stage starts here! If your little ones love singing, dancing and performing, then this class is for them! This preschool program improves physical development through dance styles like Jazz and Lyrical, while combining the use of imaginative storytelling through movement and song. Watch your little one shine as they dance and sing their way through class in a fun and sociable environment.



### Ages 3 - 5

Your acrobatics arts journey starts here! Our pre-school dance program is the perfect activity for young dancers (boys and girls) to foster their love for dance and nurture creativity. Tiny Tumblers class is an introduction to tumbling, acro, hula hoops, juggling, balancing and more. Watch your little ones gain confidence and learn new skills with the careful supervision of our highly trained faculty.



### Ages 3 - 5

Start your Ballet journey here! This preschool program is an introduction to Ballet and Modern dance for boys and girls. Using simple steps combined with creative movement, your little ones will learn dance terminology, improve coordination, gain confidence and learn new skills in a friendly and non-competitive environment. This class is a perfect class for young dancers who are interested in eventually progressing their Ballet training under the Royal Academy of Dance Syllabus.



## **PARENT & TOT DANCE CLASS**

Dancers can wear any dance uniform of choice, or a loose stretch clothing. Participants must be in proper dance shoes, or bare feet. Socks, jeans and outdoor shoes are not permitted. Parents must remove shoes upon entering the studio.

## **PRE-SCHOOL CLASSES (Ages 3 - 5)**

Each class will have a designated uniform that will be available for sale. This uniform is optional.

## **BALLET CLASSES (Ages 6 and up)**

**In adherence to international Ballet standards:**

Girls are required to wear a black leotard, pink tights, and pink ballet shoes. Hair must be secured in a bun. Black skirt optional. Boys are required to wear black tights or shorts, white T-shirt, and black ballet shoes.

## **JAZZ COMBO/TAP/DANCE ATHLETICS**

All students must wear black leotard and black jazz pants. Jazz shoes or foot undies are required for Jazz combo class. Tap shoes are required for Tap class. Hair must be pulled off of face in a ponytail or bun.

## **HIP HOP/STREET DANCE STYLES**

All students must wear loose fitting track pants and t-shirt. No jeans or shorts allowed. Hair must be pulled off of face in a ponytail or bun. Students must bring indoor running shoes as outdoor shoes are not permitted in the studios.

\*COVER-UPS ARE REQUIRED FOR ALL STUDENTS ENTERING AND EXITING THE BUILDING.

\*PLEASE READ OVER OUR COVID-19 PROTOCOLS AND ARRIVE DRESSED FOR CLASS.



- Upon entering the studio, a positive and professional attitude is expected from all students and parents.
- Parents and students are to keep the volume down in the common areas.
- Consistency is key! Students are expected to be in class every week.
- Students must arrive 10 minutes early to class and be picked up within 10 minutes after the class.
- Parents are required to contact the studio should their child be absent from class.
- All students must abide by the dress code.
- Profanity, unsportsmanlike conduct, or gossip about fellow students will not be tolerated.
- Cell phones are not permitted to be on while class is in progress.
- While class is in session, parents are not allowed to open the dance room doors and must refrain from crowding the viewing windows as it is very disruptive to the dancers.
- Only water is permitted into the studios. No other food, drink or gum is permitted in the studios.
- We have change rooms that provide an area for students to change for class. Changing in the front desk area is not permitted. Please be aware of updated COVID-19 policies that may affect change rooms.
- Please do not leave shoes or clothes on change room floors.
- Outdoor shoes are to be left at the designated shoe rack areas. Other items that are too big for hooks are to be tucked under the benches.
- Fathers changing daughters and mothers changing sons may use the gender neutral washrooms.
- Parents and students are not allowed to stand behind the reception desk.
- Parents, please remind students to clean up after themselves, keep the change room areas clean, and respect studio property.
- City Dance Corps has an Anti-Harrassment and an Anti-Racism Policy in place and does not stand for any ill treatment of any human being who enters our doors.





# RATES & REGISTRATION

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## ANNUAL DANCE PROGRAM

### ANNUAL PAYMENT

**\$650.00** 60 min class Sept 14, 2021 - June 11, 2022 **discount!**

#### TERM 1

**\$273.00**  
60 min class  
Sept 13 - Dec 18, 2021  
*Due Sept. 13, 2021*

#### TERM 2

**\$195.00**  
60 min class  
Jan 4, - Mar 12, 2022  
*Due Jan 4, 2022*

#### TERM 3

**\$234.00**  
60 min class  
Mar 21 - June 11, 2022  
*Due Mar 21, 2022*

## PRE-SCHOOL DANCE PROGRAM

### ANNUAL PAYMENT

**\$610.00** 45 min class Sept 13, 2021 - June 11, 2022 **discount!**

#### TERM 1

**\$255.00**  
45 min class  
Sept 13 - Dec 18, 2021  
*Due Sept. 13, 2021*

#### TERM 2

**\$183.00**  
45 min class  
Jan 4, - Mar 12, 2022  
*Due Jan 4, 2022*

#### TERM 3

**\$220.00**  
45 min class  
Mar 21 - June 11, 2022  
*Due Mar 21, 2022*

## PARENT & TOT

### 8-week Course

**\$140.00**

30 min class

## NEW STUDENTS OFFER

### 1 Week Unlimited Classes

**\$30.00**

*Take unlimited classes for one week and find the class you love!*

*Additional Fees: \$25+hst Registration Fee per annual program student, per year. HST not included.*



## COMMUNICATION METHODS

All program updates will be sent through email. Please keep an updated email address on file. You can also stay updated through our Instagram account @cdc\_yp and Facebook account @CDC-Youth-Program.

## CLASS TRANSFERS

Class changes are subject to the approval of our Program Director and to space availability. If you wish to transfer or change classes please email [youth@citydancecorps.com](mailto:youth@citydancecorps.com). We will try our very best to accommodate you. City Dance Corps reserves the right to deny transfers if we feel the quality of the class and the student's progression will be compromised. If your child is placed in a dance class by the teacher, it is because the teacher believes it is the best option for your child's dance education, transfers will not be permitted in this case. All transfers must be requested no later than 3 weeks after date of enrollment.

## COSTUME FEES

In the event that we return to in-person recitals, costumes will be purchased for each class in accordance with the theme for our year-end show. This will be additional fee for each student. Costumes range from \$120 - \$150/costume. This will be announced by the start of Term 3.

## LOST AND FOUND

City Dance Corps is not responsible for any lost personal items, including but not limited to: jewelry, clothing, shoes, school books, etc. Please help us return lost items to you by labeling every item that comes into the studio. Please note that we clear out the lost and found on a monthly basis.

## YEAR-END RECITAL

Information on year-end recital will be released in Term 2. Participation in recital will require enrollment Term 3.





## REFUND POLICY

- The \$25 registration fee is non-refundable.
- Term 1 refunds must be requested on or before October 12, 2021. A withdrawal fee of \$50 will be charged and a pro-rated refund of the Term 1 payment will be made. No refunds after October 12, 2021.
- Term 2 refunds must be requested on or before January 30, 2022. A withdrawal fee of \$50 will be charged and a pro-rated refund of the Term 2 payment will be made. No refunds after January 30, 2022.
- There will be no refunds for Term 3.

## LEVEL 2 CLASSES

To participate in a Level 2 class, students must be enrolled in a minimum of **two** classes per week. The reason for this policy is to elevate the technical level of students wishing to take dance beyond a recreational level. Advanced technique, strong fundamentals and elevated artistry and movement can only be developed and achieved by studying dance more frequently than one hour per week. To be in a Level 2 class indicates that the student wants to be challenged, wants to study dance further and take it more seriously and wants to grow stronger in their dance form. Taking more than one class/week to grow into an advanced dancer is basic industry practice. Please note, that the student's second class can either be any of our other Level 2 classes (dependent on instructor's recommendations) or any of our Level 1 classes. The second class can either be within the same dance form, or completely different to their first class choice. We recommend taking classes in a different dance form in order to build a well-rounded dancer.

## RAD EXAMINATIONS

To participate in RAD examinations, students must be enrolled in a minimum of **two** Ballet classes per week.

## ADDITIONAL DISCOUNTS

Get 5% off enrollment on additional classes. Applicable to the class of lesser value.





# COVID-19 STUDIO POLICIES

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The following policies will be temporarily in place to adhere to our COVID-19 Safety Protocols.

## **INTERRUPTION IN CLASSES**

City Dance Corps takes no responsibility for any actions relating to the COVID-19 pandemic. In the event of a forced shutdown or interruption to our classes, we will transition all remaining classes in the term to a virtual platform. No refunds will be provided as all services will continue online.

## **LATE ATTENDANCE**

Due to our strict COVID-19 safety protocols, late arrivals to class will not be permitted into the studio.

## **TRIAL CLASSES**

Students are allowed to take one trial class per dance form before enrolling in the Term. Trial classes must be reserved in advance, due to class capacity limitations. There will be no walk-ins. A trial pass is \$30 for 1 week unlimited classes.

## **PRESCREENING**

A pre-screening form must be filled out by the parent/guardians of each student in advance of each attendance to the studio. The form will be an electronic form and sent to parent/guardians by email.

## **EMERGENCY MANAGEMENT**

In the event of an emergency that may affect our classes (snow storms, evacuations, power outages, pandemics) information will be shared with parents via:

- Instagram @cdc\_yp
- Youth Newsletter will be sent by email
- Website: [www.citydancecorpsyouth.com](http://www.citydancecorpsyouth.com)
- If applicable, parent/guardians or emergency contact numbers of children on the premises will be contacted.

## **Management of Children with Symptoms of COVID-19**

If a child starts experiencing COVID-19 like symptoms while at the facility, we will immediately separate them from the rest of the class in a supervised area until they can be picked up/go home. The person supervising the child will be required to maintain a distance of at least 2 metres. We will contact parent/guardian and local public health to notify them of a potential case and seek advice regarding the information to be shared with other parents/guardians. Environmental cleaning will be conducted in areas the child has been in contact with once the child has left. All individuals in the studio who were present while a child became ill will be identified as a close contact. Parents and local public health unit will be notified and their directions will be followed. Individuals who have been in contact with a confirmed case of COVID-19 will be required to stay home for 14 days.

## **DANCE SAFE COVID-19 PROTOCOLS**

City Dance Corps is adhering to all the safety protocols outlined in the Ontario Performing Dance Arts COVID-19 Safety Protocols.





# YOUTH: SAFETY GUIDELINES

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## PRE-SCREENING

Each youth dancer will be pre-screened using a digital form before each arrival to the studio. This form is mandatory to determine if your child is eligible to attend classes in the studio.



## CLASS SCHEDULING

All classes will be 55 min in length to allow for disinfecting of high-touch surfaces before and after each class. All classes have staggered start and end times to avoid overcrowding.



## CLASS CAPACITY

The studio will be functioning at reduced capacity and with reduced class sizes in accordance with Toronto Public Health. Physical distancing markers will be present on the dance studio floors and students will be given their spot by their instructor at the start of each class.



## MANDATORY REGISTRATION

All students must be registered and paid in advance. We will not be accepting walk-ins.



## HAND SANITIZING

Hand sanitizer will be provided and will be mandatory for all students before entering the studio. Instructors will facilitate this.



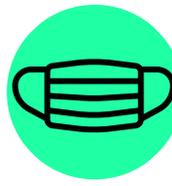
## TRIAL CLASSES

Trial classes must be booked and reserved in advance. No walk-ins allowed.



## WAITING ROOMS CLOSED

In order to comply with capacity guidelines and to enforce physical distancing, waiting rooms will be reserved for students and our faculty/staff.



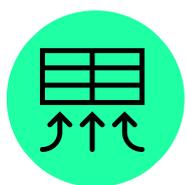
## FACE MASKS

Face masks are required in all common areas of the studio, in class, and for all entrances and exits in accordance with public health guidelines.



## CURBSIDE DROP OFF/PICK UP

Parents will be asked to drop their child(ren) off at the front lobby and the child's instructor will escort them to their studio. The instructors will return the children to the lobby after their dance class is completed.



## AIR VENTILATION

We have installed hospital grade air filters to maximize clean air circulation and removal of air particles.



## FREQUENT DISINFECTING

Before and after each class, every studio will be disinfected with hospital grade and government approved disinfectants, that are also safe for the environment and your health. This includes all touch surfaces and props.



## LOCKER ROOMS & WASHROOMS

We will be limiting the use of our locker rooms and washrooms. We are encouraging young dancers to arrive ready.



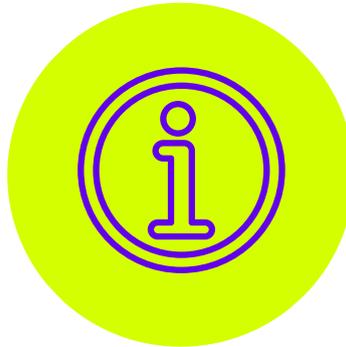
# STAY SAFE - HOW TO DO YOUR PART

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## UPON ARRIVAL

Please drop off your child(ren) no more than 10 min before their class. Please ensure you have filled out your pre-screening form in advance. Your child's instructor will escort your child from the front lobby to their studio. Only one parent/guardian can be present for pick up/drop off.



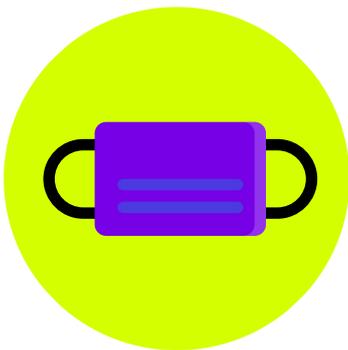
## UPDATE YOUR INFORMATION

Update your information including student name, phone number, home address, medical conditions, parent/guardian name and contact information, health card and doctor's info.



## IS YOUR CHILD FEELING SICK?

Please do not come to class if your child(ren) is not feeling well or showing symptoms.



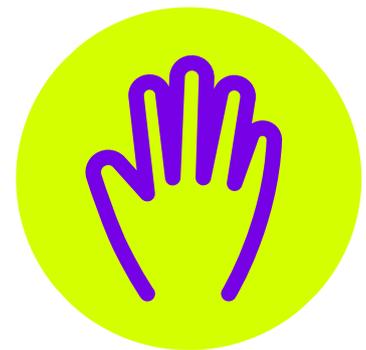
## DON'T FORGET YOUR MASK

Please bring a mask to wear while in all common areas and when picking up/dropping off your child(ren). Your child(ren) must also wear a mask in class. Masks will be available to purchase if you forget yours. All mask sales go to the CDC Foundation.



## COME READY TO DANCE

We are encouraging all students to arrive dressed in their dance attire and pack only a water bottle and a bag for outdoor shoes. Large dance bags will not be permitted. Outdoor shoes will be placed in your bag and brought into the studio.



## PICK UP PROMPTLY

Please arrive on time for pick up after class. Students will be brought to the front lobby and back to their parents promptly after class. Only one parent/guardian can be present at pick ups/drop offs.



# HOW TO PREPARE FOR DANCE CLASS

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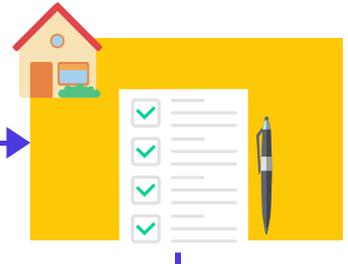
Before leaving home, put on your dance attire.



Fill up your water bottle and make sure your name is on it.



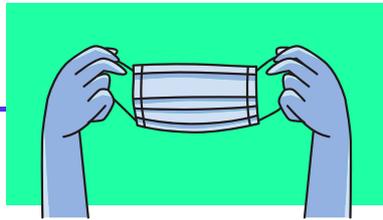
Grab a plastic bag for your street shoes. Grab your dance shoes.



Ensure your parent/guardian fills out the pre-screening questionnaire.



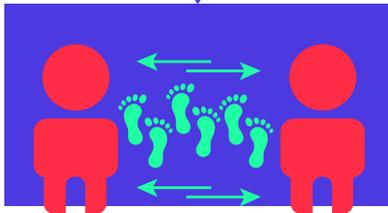
Sanitize your hands upon entering the studio.



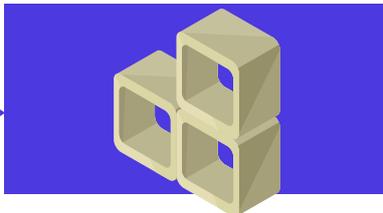
Put on your masks and enter the front lobby. Take off your street shoes and place in plastic bag, put on your dance shoes while you wait for your teacher to pick you up.



Arrive for class no earlier than 10 min before start time and no later than your start time.



Say goodbye to your parent/guardian and follow your teacher to your studio. Keep your distance from other dancers!



Your teacher will tell you where to place your water bottle and dance shoes in.



Go to your dancing spot and enjoy class!



Your teacher will walk you to the front door. If you are leaving, you may change to your outdoor shoes. If you have another class, wait for your dance teacher to take you to your next class and repeat the process.



Sanitize your hands before you exit the studio.



After class, grab your water bottle and shoe bag and line up for your class exit.



# SEASON CALENDAR

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## FALL 2020 - TERM 1

|                                      |   |
|--------------------------------------|---|
| <b>September 13</b>                  | First Day of Classes. Welcome Back!   |
| <b>October 10 &amp; 11</b>           | NO CLASSES. Happy Thanksgiving! Classes will be running on Saturday October 9, 2021 |
| <b>October 26 - 30</b>               | Halloween Week (wear costume to class)  |
| <b>December 18</b>                   | Youth Holiday Showcase  |
| <b>December 19 - January 3, 2021</b> | NO CLASSES. Christmas Holidays  |

## WINTER 2022 - TERM 2

|                    |  |
|--------------------|--|
| <b>January 4</b>   | First day of Term 2 classes. Welcome Back! |
| <b>Feb 20 - 21</b> | NO CLASSES. Happy Family Day               |
| <b>Mar 7 - 12</b>  | Mid-Year Open House                        |
| <b>Mar 14 - 20</b> | March Break! No Regular classes!           |

## SPRING 2022 - TERM 3

|                    |                            |
|--------------------|----------------------------|
| <b>March 21</b>    | Term 3 Starts              |
| <b>April 15</b>    | Good Friday - No Classes   |
| <b>April 17</b>    | Easter Sunday - No Classes |
| <b>May 22 - 23</b> | Victoria Day - NO CLASSES  |
| <b>June 11</b>     | Last Day of Classes        |

## SUMMER 2022

Summer Camps will be released in Term 2.

## AT A GLANCE

### SEASON DATES

September 13, 2021 - June 11, 2022

### TERM 1

September 13 - December 18, 2021

### TERM 2

January 4 - March 12, 2022

### TERM 3

March 21 - June 11, 2022

### MARCH BREAK

March 14 - 20, 2022

### Mid Year Open House

March 7 - 12, 2022

## CLOSURES

- Sunday October 10 - Monday October 11, 2021
- Sunday December 19, 2021 - January 3, 2022
- Sunday Feb 20 - Monday Feb 21, 2022
- March 14 - 20, 2022
- Friday April 15, 2022
- Sunday April 17, 2022
- Sunday May 22 - Monday May 23, 2022



## PARENT & TOT

### LIL' MOVERS MUSIC & MOVEMENT

**SATURDAYS**  
**9:15AM - 9:45AM**

**SEPTEMBER 11 - OCTOBER 23, 2021**  
**7 WEEK SESSION. \$122.50**

**OCTOBER 3 - DECEMBER 18, 2021**  
**8 WEEK SESSION.**

**JANUARY 8 - FEBRUARY 26, 2022**  
**8 WEEK SESSION.**

**MARCH 5 - APRIL 23, 2022**  
**8 WEEK SESSION.**

**APRIL 30 - JUNE 18, 2022**  
**8 WEEK SESSION.**





## PRE-SCHOOL PROGRAMS (AGES 3 - 5)



**TINY GROOVERS 1 (AGES 3 - 4)**  
**SATURDAYS**  
**9:15AM - 10AM**

**TINY GROOVERS 2 (AGES 4 - 5)**  
**SATURDAYS**  
**11AM - 11:45AM**



**TINY TWIRLERS 1 (AGES 3 - 4)**  
**SATURDAYS**  
**9AM - 9:45AM**

**TINY TWIRLERS 2 (AGES 4 - 5)**  
**SATURDAYS**  
**9:45AM - 10:30AM**



**TINY TAPPERS 1 (AGES 3 - 4)**  
**SATURDAYS**  
**9:45AM - 10:30AM**

**TINY TAPPERS 2 (AGES 4 - 5)**  
**SATURDAYS**  
**9AM - 9:45AM**



**TINY STARS 1 (AGES 3 - 4)**  
**SATURDAYS**  
**9:45AM - 10:30AM**

**TINY STARS 2 (AGES 4 - 5)**  
**SATURDAYS**  
**10:30AM - 11:15AM**



**TINY TUMBLERS 1 (AGES 3 - 4)**  
**THURSDAYS**  
**4PM - 4:45PM**

**TINY TUMBLERS 2 (AGES 4 - 5)**  
**THURSDAYS**  
**4:45PM - 4:30PM**



## JUNIOR (AGES 6 - 8)

### TAP

JUNIOR TAP  
SATURDAYS  
10:30AM - 11:30AM

### HIP HOP

JUNIOR HIP HOP MIX  
SATURDAYS  
11:30AM - 12:30PM

### JAZZ COMBO

JUNIOR JAZZ COMBO  
SATURDAYS  
9AM - 10AM

### BALLET

JUNIOR BALLET  
SATURDAYS  
10:30AM - 11:30AM

PRIMARY BALLET RAD  
TUESDAYS  
5:30PM - 6:30PM

GRADE 1 BALLET RAD  
TUESDAYS  
4:30PM - 5:30PM

### DANCE ATHLETICS

JUNIOR/SENIOR DANCE ATHLETICS  
THURSDAYS  
5:30PM - 6:30PM



## SENIOR (AGES 9 - 10)

### TAP

SENIOR TAP  
WEDNESDAYS  
4:30PM - 5:30PM

### HIP HOP

SENIOR HIP HOP  
SATURDAYS  
12:30PM - 1:30PM

### JAZZ COMBO

SENIOR JAZZ COMBO LEVEL 1  
SATURDAYS  
10AM - 11AM

SENIOR JAZZ COMBO LEVEL 2  
SATURDAYS  
11AM - 12PM

### BALLET

SENIOR BALLET LEVEL 1  
SATURDAYS  
11AM - 12PM

SENIOR BALLET LEVEL 2  
SATURDAYS  
10AM - 11AM

RAD BALLET GRADE 2  
WEDNESDAYS  
4:30PM - 5:30PM

RAD BALLET GRADE 3  
WEDNESDAYS  
5:30PM - 6:30PM

### STREET DANCE STYLES

SENIOR STREET DANCE STYLES  
TUESDAYS  
4:30PM - 5:30PM

### DANCE ATHLETICS

JUNIOR/SENIOR DANCE ATHLETICS  
THURSDAYS  
5:30PM - 6:30PM



## PRE-TEEN (AGES 11 - 13)

### TAP

PRE-TEEN/TEEN TAP  
WEDNESDAYS  
5:30PM - 6:30PM

### HIP HOP

PRE-TEEN HIP HOP LEVEL 1  
SATURDAYS  
10AM - 11AM

PRE-TEEN HIP HOP LEVEL 2  
THURSDAYS  
5:30PM - 6:30PM

### JAZZ COMBO

PRE-TEEN JAZZ COMBO LEVEL 1  
WEDNESDAYS  
5:30PM - 6:30PM

PRE-TEEN JAZZ COMBO LEVEL 2  
SATURDAYS  
11:15AM - 12:15PM

### BALLET

PRE-TEEN BALLET  
SATURDAYS  
9AM - 10AM

### STREET DANCE STYLES

PRE-TEEN STREET DANCE STYLES  
TUESDAYS  
5:30PM - 6:30PM

### DANCE ATHLETICS

PRE-TEEN/TEEN DANCE ATHLETICS  
TUESDAYS  
4:30PM - 5:30PM



## TEEN (AGES 14 - 16)

### TAP

PRE-TEEN/TEEN TAP  
WEDNESDAYS  
5:30PM - 6:30PM

### HIP HOP

TEEN HIP HOP LEVEL 1  
THURSDAYS  
4:30PM - 5:30PM

TEEN HIP HOP LEVEL 2  
THURSDAYS  
6:30PM - 7:30PM

### JAZZ COMBO

TEEN JAZZ COMBO LEVEL 1  
WEDNESDAYS  
4:30PM - 5:30PM

TEEN JAZZ COMBO LEVEL 2  
TUESDAYS  
5:30PM - 6:30PM

### BALLET

TEEN BALLET  
THURSDAYS  
4:30PM - 5:30PM

### POINTE

TEEN POINTE FUNDAMENTALS  
THURSDAYS  
5:30PM - 6PM

### STREET DANCE STYLES

TEEN STREET DANCE STYLES  
TUESDAYS  
6:30PM - 7:30PM

### DANCE ATHLETICS

PRE-TEEN/TEEN DANCE ATHLETICS  
TUESDAYS  
4:30PM - 5:30PM

# YOUTH PERFORMANCE COMPANY

Train. Grow. Perform.

For young dancers (ages 9 - 17) wanting to take their dance to the next level. Under the direction of Jennalee Desjardins, this 9-month program trains, mentors and exposes aspiring dancers to the professional dance industry.

Work with the city's best choreographers, get lots of performance opportunities and train hard.

**REHEARSALS  
MONDAYS  
4:30PM - 6:15PM**

STAY TUNED  
FOR AUDITIONS!

CITY  
DANCE  
CORPS

