

MY SKILLS CHART

1

GROOVING

2

RHYTHM AND TIMING

3

CHOREOGRAPHY EXTENSION

4

POPPING BASIC

Forearm/Leg Pop, Isolation, "Old Man" and "Scarecrow" Concepts

5

BREAK DANCE BASICS

Queens Rock, Cork Screw and Knee Drop get downs, 6 Step, Coffee Grinder and Kick Outs

6

CHARACTER AND STYLE DEVELOPMENT

7

LEVELS AND FULL BODY EXTENSION

8

ARM/BODY/WRIST WAVE AND CONCEPTS